

Skill	Class Name	Who	Description
A	Intro to River Kayaking (Both days required)	For brand new kayakers Pre-requisite: You must have taken a pool class and have been on moving and have been on moving water at least once.	We begin this course on dry land with gear review, discussion of river and safety basics, land based demo and practice of basic boat control and recovery skills, (which is all much more fun than it sounds!) and will progress to moving water on day one. On the water boaters will work on getting comfortable with executing all the basics in a current, including strokes, balance, posture and edging in order to successfully perform eddy turns, peel outs, ferrying and more.
B	Go With The Flow	A float trip with the focus on SAFETY.	A safe, mellow, chillaxin' float trip for those who prefer a low- stress experience. No intensive skills drills, this is a fun but instructional cruise requiring mild effort.The group(s) can determine their own focus, whether it's discussion about reading whitewater or safety scenarios, or what-have-you. Talk to your Trip Leaders to customize your trip.
B	Beginnermediate Fundamentals	For kayakers who have been on more than 5 moving water trips and want to build skills and confidence. There will be an emphasis on river skills.	A river trip where we'll work on paddle strokes, bracing, edging, eddy turns, peel outs, ferries, rolling and river reading to maximize your future fun factor. Participants are encouraged to ask questions and let the Instruction Team know which skills they most want to work on. Emphasis will be placed on river running and skills drills.
B/C	Boating Betties	For the ladies, taught by the ladies	Play and practice, instructional, in your hard shell kayak. Strokes, edges, river reading and maneuvering; roll practice/refinement; and intro to surfing. A river roll is not required, but interest in progressing is. At minimum, you should be comfortable and experienced on Class II/II+ with a desire to develop competence on Class III water.
C	Intermediate Fundamentals	For kayakers who have some confidence on moving water but want to work on skills. There will be an emphasis on rolling.	A river trip where we'll work on paddle strokes, bracing, edging, eddy turns, peel outs, ferries, rolling and river reading to maximize your future fun factor. Participants are encouraged to ask questions and let the Instruction Team know which skills they most want to work on. Emphasis will be placed on river running and skills drills.
C	Level Up - Building Confidence for Class III	For kayakers who want to solidify their confidence in Class 3 Whitewater	For assertive boaters who want to get to the next level! This clinic will grill and drill and improve your skills. We'll be working mostly in a particular rapid, practicing stroke efficiency and advanced eddy hopping by running a particular predetermined route utilizing specific series of maneuvers. You'll benefit from specific, candid individual critiques (and possibly, immediate video feedback, if we are able to obtain tablets to use and volunteers to video). Once you get your critique, you'll portage back to the top and run the designated course again. And again. You won't believe what you see and how much you learn!
D	Intro to Playboating	River Roll required	Want to take your paddling to the next level? Gain balance, boat control, fear control and best of all build a bomb-proof roll. This class will take you through a proven progression that world champion kayakers have used to push the limits. But don't worry, all you need is a good roll and willingness to take your paddling to the next level. The class will start with a warm-up routine to prevent injury, flatwater balance drills, fundamentals of kayak surfing, side-surfing, and spinning. The best part is all these skills will make you more confident in your roll and river running.
D	Advanced Instruction - Building Confidence for Class IV	For kayakers who want to solidify their confidence in Class 4 Whitewater. River Roll required.	For assertive boaters who want to get to the next level! This clinic will grill and drill and improve your skills. We'll be working mostly in a particular rapid, practicing stroke efficiency and advanced eddy hopping by running a particular predetermined route utilizing specific series of maneuvers. You'll benefit from specific, candid individual critiques (and possibly, immediate video feedback, if we are able to obtain tablets to use and volunteers to video).
B	Rafting 101	For the new oarsman or oarswoman.	Two day rowing clinic is a fun and immersive way to learn and build on rowing, water reading & scouting, and river safety skills, working up to class III+ whitewater. No experience necessary, for beginner and intermediate rafters. The class will run multiple sections of the Arkansas near Salida, building skills as we transition through progressively more challenging whitewater. Topics covered will include raft rigging, rowing skills, reading moving water, scouting, safety concerns, group management for downstream travel, hazard recognition and avoidance, dealing with a flipped raft, and many others. Particular emphasis will be given to the ergonomics of rowing and safety to help facilitate a lifetime of safe and effective river running. Group sizes are kept small so that each raft holds typically three students and an instructor, allowing for maximum practice time for everyone. Students are encouraged to use their own personal gear such as lifejackets, helmets, and splash wear, but CRI is happy to provide any needed items. CRI will provide rafts and transportation to and from the river and our meeting location.
B	Paddle Boarding Fundamentals	Learn the fundamentals of paddle boarding on the river.	Intro to Whitewater SUP emphasizes safety, enjoyment, and skill acquisition in mellow (class 1-11) whitewater. This course builds upon flat water skills but can also be taken by first timers. We will start on moving, but flat water (class 1), but you will have opportunities to engage in some class II whitewater and/or surfing, depending on how you are feeling at the time. There is no pressure in this class and we will only progress in a way that is comfortable and inclusive. Participants must provide their own SUP, PFD, Helmet, Paddle and Leash.
	Kids Teams		Must be enrolled with Kid's Team.